



Name: _____

Position: _____

Score:

Required:

40

Annual Mandatory Competency Exam

Directions: Answer TRUE or FALSE for each question. Sign and Date at the end of the Competency Exam. A passing score of 80% is required.

SECTIONS	True or False
Resident's Rights	
1. Residents are not involved in all aspects of their care.	
2. Residents must be informed of his/her rights before or on admission.	
3. They have the right to refuse care or treatment.	
4. Residents are entitled to have complaints heard, reviewed and resolved.	
5. Residents are entitled to a quality of life that supports independent expression, choice and decision making.	
Patient Safety	
6. Using low beds for those at risk for falls is one of the JCAHO Risk Reduction Strategy.	
7. You must identify residents correctly to make sure that each resident gets the correct medicine and treatment.	
8. To prevent infection, do not wash hands in between caring for residents.	
9. From time to time, re-check residents for bed sores.	
Fire Safety	
10. If a fire starts, you must R-A-C-E and follow the fire plan in the facility where you are assigned.	
11. Class B Fire Extinguisher is used for electrical fire or burning liquids.	
12. Use the P-U-L-L method to use a fire extinguisher.	
13. If you catch a fire, STOP where you are, DROP to the floor & ROLL around to smother the flames.	
Electrical Safety	
14. Stay at least 10 feet (3 meters) away from overhead wires during cleanup and other activities.	
15. You may operate electrical equipment while standing in water.	
16. Electrical hazards can cause burns, shocks and electrocution.	
General Safety	
17. If you observed a hazard, correct it or report it to your supervisor.	
18. Wear sensible shoes with good traction and support.	
19. Lift with your back or arm muscles.	
20. Maximize distance between yourself and radiation source.	
Elder Abuse and Neglect	
21. Elder abuse and neglect may or may not be intentional and an older adult will often suffer severely.	
22. Rushing an elder or pulling him or her too fast when helping them to walk is a form of Physical Abuse.	
23. Depression, fear, withdrawal or isolation can signal Financial Abuse.	
24. Ignoring an elder or giving him or her "the silent treatment", is a form of Psychological Neglect.	

25. Financial Neglect consists of failure to use available resources to sustain or restore the health and security of the older adult.	
Pain Management	
26. Patients have the right to appropriate assessment and management of pain.	
27. Pain cannot exist when no physical cause can be found.	
28. Patients with chronic pain may be more sensitive to pain and other stimuli.	
Cultural Diversity and Sensitivity	
29. Patients have the right to their cultural beliefs, values and practices.	
30. Failure to recognize and appreciate cultural differences can lead to poor communications, conflicts in care planning and the possibility of misdiagnosis.	
Domestic Violence	
31. 95% of victims of domestic violence are men.	
32. Domestic violence is not a crime.	
33. Battering is the single major cause of injury to women.	
Bloodborne Pathogens and Needlestick Prevention	
34. Personal Protective Equipment (PPE) are used for protection against occupational exposure to blood and certain body fluids.	
35. Universal precaution is OSHA's required method of control to protect employees from exposure to all human blood and other potentially infectious materials (OPIM).	
36. When disposing needles after use, break needles and discard it to a "sharps" box.	
37. If exposed to an infectious area, wash the area thoroughly with soap and water immediately.	
38. Clean reusable equipment appropriately before using it for care of another patient.	
Infection Control	
39. Hand Hygiene is a general term that applies to either handwashing, antiseptic handwash, alcohol-based handrub, or surgical hand hygiene/antiseptics.	
40. Alcohol-based handrub refers to the alcohol-containing preparation applied to the hands to reduce the number of viable microorganisms.	
41. Handwashing refers to washing hands with water and soap or other detergents containing an antiseptic agent.	
42. Healthcare workers should wash hands before and after patient contact.	
43. Healthcare workers should wash hands only after removing gloves.	
44. Natural nail tips should be kept to 1 inch in length.	
Age Specific Care	
45. Different age groups have different physical, psychological and social needs.	
46. Age-specific care is not important.	
47. Lack of age-specific care can prolong treatment, cause serious medical errors and result in dissatisfied patients.	
HIPAA Privacy Rules	
48. You may only use the "minimum necessary" Patient Health Information (PHI) to do your job.	
49. The ideal way to dispose of PHI is to shred it.	
50. Providers can share health information without asking for consent from the patient.	

Employee Signature: _____

Date: _____

Reviewed by: _____

Date: _____